

TRACKING ...

NEWS

Domestic violence
a concern for all

PAGE 4



Post turns into set
for video shoot

PAGE 4

SPORTS



Local runners
take on 10-miler

PAGE 30

INDEX

News	3-8	FMWR	19
Year of the NCO	10	Health	22
Veterans	11	Chapel	23
Op-Ed	13	Legal/IG	24
Around Post	16-17	Police	25
Happenings	18	Sports	30

The Fort Jackson *Leader*

Thursday, October 15, 2009

Published for the Fort Jackson/Columbia, S.C. Community

www.jackson.army.mil



'Natural leader'

Unit pays respects to Pfc. Britt

By DELAWESE FULTON
Leader Staff

Soldiers of the 3rd Battalion, 13th Infantry Brigade gathered at Fort Jackson's Bayonet Chapel Tuesday afternoon to reflect on a faithful comrade who was an inspiration to many of them.

"Pfc. Britt was a fighter. He fought until the end," Sgt. 1st Class Jimmy Oates — a drill sergeant — told the Soldiers and guests who filled the chapel.

Oates said he was with Pfc. Jamal Britt during his final hours in the hospital on Oct. 7. Britt was taken to Moncrief Army Community Hospital and Providence Northeast Hospital in Columbia after he collapsed during an Army Physical Fitness Test.

There were numerous stories of how Britt quoted the Bible and personified the unwavering walk of a Christian.

One fellow Soldier in training recounted how Britt started a Bible study class in the unit "that still goes on."

Another, Pvt. Cassi Cooper, spoke of his "brightest smile." She added: "He told us of God's plans for us ... he (Britt) changed my life. He was an angel."

Other Soldiers described him as being righteous and a good man. The last training Soldier to speak from Britt's unit, Pvt. Antonio Dildy, serenaded his memory with a rendition of "His Eye is On the Sparrow."

"He was a natural leader," said Lt. Col. Benjamin Higginbotham, battalion commander. "He was an example of the best our nation has to offer. ... He was the kind of son that every parent would be proud of."

Delawese.Fulton@us.army.mil



Pvt. Inday Jordan, 3rd Battalion, 13th Infantry Regiment, renders a final salute during the memorial service for Pfc. Jamal Britt Tuesday at Bayonet Chapel.

Photo by MIKE GLASCH



BRITT

Domestic violence must not be ignored

According to the National Coalition Against Domestic Violence, approximately 1.3 million women are physically assaulted by an intimate partner each year. Anywhere between 3.3 million and 10 million children witness these assaults. One in every four women will experience domestic violence in her lifetime.

Despite the fact that most acts of domestic violence are classified as offenses under the United States Code, the Uniform Code of Military Justice and state laws, the majority of these crimes are never reported to authorities. Domestic violence, which often involves criminal acts, cuts against the very grain of one of our major campaign objectives.

We constantly seek to enhance the quality of life of our families, not to destroy its fabric. On Saturday morning, from 8:30 a.m. to 11:30 a.m. at the Solomon Center, our garrison leadership and the Family Advocacy Program will host Fort Jackson's Sixth Annual Domestic Violence Awareness Rally, an event which will shed some light on this all-important subject. South Carolina's top law enforcement official, Attorney General Henry McMaster and Lorie Boddie, a survivor of domestic violence, will be the featured speakers at the event.

We members of the Army family, as well as all members of the military services, face unique challenges and

**BRIG. GEN.
BRADLEY W. MAY**
*Fort Jackson
Commanding
General*



specific struggles that ordinary civilian families never have to experience. Deployments, extremely long days at work, financial pressures, and a general lack of family and social support can put tremendous strain on Soldiers and families.

The Army understands what these additional stress factors can do in a relationship. Yet these types of circumstances are no excuse for domestic abuse. Fort Jackson's policy on domestic violence or abuse is the same policy that exists Army-wide. There is zero tolerance — zero.

One of the problems that we have — which almost seems enigmatic — is that abusive situations are sometimes difficult to recognize — especially if they are happening to you. However, there are many signals and

patterns to indicate that you or someone is in an abusive relationship.

The Army has a host of community services to assist those with stress from relationships, finances and other factors. Some of these services include Financial Readiness, Employment Readiness, New Parent Support, Stress and Anger Management, Victim Advocacy, Social Work Services, the Exceptional Family Member Program, and Family Life Chaplain Services.

Reporting options are also available for those who have been victimized, to include the right to seek services confidentially. It is required by regulation that commanders report allegations of abuse involving their Soldiers. It is also mandatory that all installation law enforcement officials, school personnel, and Child and Youth Support Services personnel, report information about spouse and/or child abuse.

If you know of someone who needs information on how to report this crime or need information about any of the many services that the Army offers, please have her or him contact the Fort Jackson Domestic Violence Program at 751-6325 or visit the office located in the Strom Thurmond Building, Room 218. This is too important to ignore.

Army Strong!

The Fort Jackson **Leader**

Fort Jackson, South Carolina 29207

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To submit articles, story ideas or announcements for the community page, write the Fort Jackson Leader, Fort Jackson, S.C. 29207, call (803) 751-7045 or e-mail fjleader@conus.army.mil.

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Ask the garrison commander:

When is the next Food Expo?

Will there be a Food Expo this year?

Yes. This year's Food Expo, which is 11 a.m. to 2 p.m., Oct. 20, at the NCO Club. Not only will you get a free lunch, you can taste the newest menu items served in our Fort Jackson dining facilities and win great door prizes.

On the old Fort Jackson Web site, I could read old issues of the Leader. How do I find old issues on the new Web site?

There are several ways for you to view the *Leader* online at www.jackson.army.mil. Each Thursday, the top stories in the newest edition of the *Leader* are posted on the home page. In addition, you can view the full electronic version of the newspaper by scrolling down to the box titled, "More from Jackson," and clicking on the link "Fort Jackson Leader Newspaper." By clicking on "news archive," you can view the newspaper's last 200 articles and photos.

You can also access electronic versions of the newspaper for the last three years. In order to access those, click on the "U.S. Army Garrison" link located on the left side of the homepage. Then click on "Public Affairs Office," which is located on the right side under "Direc-

**COL.
LILLIAN A. DIXON**
*Fort Jackson
Garrison
Commander*



torates/ Staff." Once on that page, you have the option to view newspapers from 2007, 2008 and 2009 by clicking the appropriate year under "Fort Jackson Leader Archives."

GARRISON FACT OF THE WEEK

Century Lanes is having its first Halloween Party, 8:30 p.m. to closing, Oct. 31. Fright Night will feature unlimited black light bowling and a costume contest. The \$9 admission fee includes bowling, shoes, and entry into the costume contest. Call Century Lanes for more information at 751-6138.

To submit questions, call 751-2842, or e-mail scott.nahrwold@conus.army.mil.

LEADER INFORMATION

The *Leader* welcomes reader submissions. When submitting an article, photo or announcement, please adhere to the following deadlines:

☐ Article submissions are due two weeks before the scheduled publication. For example, an article for the Oct. 29 *Leader* must be

submitted by today.

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☐ Send all submissions to FJLeader@conus.army.mil.

☐ Call 751-7045 for more information.

☐ Follow us on Twitter at www.Twitter.com/FortJacksonPAO. Become a "fan" by visiting www.Facebook.com and search "Fort Jackson Leader."

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Unit copes with loss of second Soldier

By **DELAWESE FULTON**
Fort Jackson Leader

Pfc. Jamal Britt's unit misses him.


"The unit, Charlie Company, definitely has felt the impact of the loss. He was well-liked. He was a leader in the unit," said Chaplain (Capt.) Todd Morrison of the 3rd Battalion, 13th Infantry Regiment.

Britt collapsed during the running portion of his Army Physical Fitness Test. The 19-year-old later died at a local hospital Oct. 7. Britt, a Maryland native, was in his eighth week of Basic Combat Training.

Britt was well-known in his unit for leading prayer and Bible studies, Morrison said.

On Friday, Morrison told reporters that immediately following the news of Britt's death, counseling began for his unit.

"We do traumatic event management. It's an opportunity to get those closest to him to start talking ... then we fan out to others in the unit," Morrison said.



Each of the deaths is a unique loss to the unit, to the Army and to the country.

— **Chaplain (Capt.) Todd Morrison,**
3-13th

For Britt's family in Edgewood, Md., the Army — as it usually does in these cases — also provided chaplains to assist the family there.

Britt's death is the second for the 3-13th recently . The

unit also lost 23-year-old Spc. Christopher Hogg to pneumonia complicated by the H1N1 virus on Sept. 10.

Fort Jackson — one of the Army's largest training installations — has had three Soldier deaths this summer. The other, Pvt. Jonathan Morales, 18, died in August of apparent heatstroke during basic training.

"Deaths are not common (during basic training)," said Morrison. "We do everything we can to mitigate any risk that we can identify."

The installation's drill sergeants and Soldiers are trained to watch for and be proactive about preventing dehydration, heatstroke and the spread of communicable diseases.

"Each of the deaths is a unique loss to the unit, to the Army and to the country," Morrison said. "Each one matters."

Following Britt's collapse on Oct. 7, he was transported to Moncrief Army Community Hospital and then to Providence Northeast Hospital in Columbia. An investigation into Britt's death continues.

Delawese.Fulton@us.army.mil

H1N1 vaccine on the way

Special to the Leader

Fort Jackson has not yet received the H1N1 vaccine, but it is expected to be available in the next couple of weeks.

Based on guidelines from the Centers for Disease Control and Prevention, the following target groups will be the first to receive the H1N1 vaccine:

- Pregnant women;
- People who live with or care for children younger than 6 months;
- Healthcare and Emergency Medical Services personnel;

- People between the ages of 6 months and 24 years;
- People 25 to 64 who have certain chronic health disorders or compromised immune systems.

Children younger than 9 will need two doses of the H1N1 vaccine, which will be given three to four weeks apart.

The vaccine will be offered at the same dates and times as the seasonal flu drive, which is 8 a.m. to 2 p.m., Monday and every other Saturday, and 10 a.m. to 5 p.m. Wednesday. Visit <http://www.cdc.gov/h1n1flu/> for more information.

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Taking the reins



Photo by STAFF SGT. KANDEE BENNETT, Soldier Support institute

Command Sgt. Maj. Thomas Brown speaks to the audience at a Change of Responsibility ceremony last week at the U.S. Soldier Support Institute. Brown replaced Command Sgt. Maj. Billy Blackmon.

Domestic violence more than physical

By **SUSANNE KAPPLER**
Fort Jackson Leader

The Fort Jackson community will recognize Domestic Violence Awareness Month with a rally at the Solomon Center Saturday beginning at 8:30 a.m.

Sabrina Madden, lead victim advocate with the Family Advocacy Program, said the rally is meant to educate the community and demonstrate unity in the fight against domestic violence.

"I think it's important for people to educate themselves about what domestic violence is, (its) impact and that we shouldn't stay silent about it," Madden said. "I think the only way we can have a zero tolerance policy is to get out, bring everybody together and to talk about it and say, 'This is unacceptable, and we're not going to accept it anymore.'"

Madden explained that the scope of domestic violence goes beyond physical violence.

"When (people) think of domestic violence, they usually solely think of the physical violence," she said. "That's not what domestic violence entails. Usually domestic violence starts with the isolation or the emotional abuse or the economical abuse."

Madden said that it's important for the community to realize that everybody has a responsibility to act if he or she knows about abuse in a relationship.

"If any other crime would be committed on this post, in



MADDEN

a show of support by the community can help victims realize they're not alone.

"I didn't know where to go for help. I was exhausted. I was in a cage," she said.

One of her family members contacted the Family Advocacy Program, and with the help of the victim advocates, she was able to get out of the abusive relationship, she said.

"I feel more empowered because I know that there's a way out. I'm no longer caged," she said.

She said she encourages everyone affected by domestic violence to reach out for help.

"It's not saying you're broken," she said. "It's just saying that you want to be the best person that you (can) be."

Susanne.Kappler1@us.army.mil

this state or in this nation, people would call the police," she said. "But when it comes to physical abuse between intimate partners, they think it's a private matter. It's just as much of a criminal offense as all the other criminal offenses."

One survivor of domestic violence, whom the *Leader* chose not to identify because of privacy concerns, said that

Violence awareness rally starts with morning march

By **SUSANNE KAPPLER**
Fort Jackson Leader

The Domestic Violence Awareness Rally will start with a march from the Solomon Center to the Main Post Chapel and back. Registration begins at 8:30 a.m. at the Solomon Center. Marchers will be led by the Columbia High School band.

After the march, a ceremony will take place at the Solomon Center. The guest speakers will be Henry McMaster, South Carolina attorney general, and Lorie Boddie, domestic violence survivor and activist with the South Carolina Coalition Against Domestic Violence And Sexual Abuse.

Entertainment will be provided by the Northeast Gap Choir and LeWayne Hurd, a mime performer.

After the ceremony, refreshments will be served and educational booths from on- and off-post organizations will be open.

Fort Jackson takes 'action' against sexual assault

By **SHARONDA PEARSON**
Fort Jackson Leader

Some of Fort Jackson's Soldiers got the chance last week to test their acting skills.

But their film will be aimed at education, not entertainment.

A video production crew tapped Fort Jackson's leaders and Soldiers to help make a video aimed at preventing sexual assault.

Shawn Jirik, project manager for Sexual Harassment Assault Response and Prevention, or SHARP, said that the video will be used in teaching new recruits and drill sergeants various ways to prevent sexual assault on post.

"It is targeted so Soldiers know exactly what sexual assault is and how serious the Army is about its zero-tolerance rule," Jirik said.

The production crew visited several locations to film the video, including the Drill Sergeant School, 2nd Battalion, 39th Infantry Regiment barracks and the 187th Ordnance Battalion field exercise training site. The crew even filmed part of last week's graduation as part of the video.

Roy Behr, president of the California-based Behr Communications, the company responsible for producing the video, said it is important to show new recruits from Day One, how serious the Army takes sexual assault.

"The (Office of the Secretary of Defense) made the video top priority, which represents how serious the office takes (sexual assault)," Behr said.



Photo by SHARONDA PEARSON

A cameraman shoots footage of graduating Basic Combat Training Soldiers at Fort Jackson as part of a sexual assault awareness video.

Sgt. 1st Class Antonio Gomez, 165th Infantry Brigade, served as the liaison between Behr Communications and Fort Jackson. He said that the video is a great tool for Soldiers, especially young Soldiers about to start their career in the Army.

By design, the video will only feature new recruits and drill sergeants because drill sergeants have a special role in training new recruits, and it is best to get the message about preventing sexual assault from peers, Behr said.

Fort Jackson was chosen as the production location for several reasons, Jirik said.

The installation was one of two Army training facilities considered, and geographically, Fort Jackson was more desirable, he added. Also, the level of support from the installation was a significant factor in deciding to shoot the video here.

"Every request has been too easy...the installation has been incredible," Jirik said.

The Soldiers participating have also been helpful, he said.

"Soldiers are very willing to share their story, and they have (compelling stories) to tell," Jirik said.

Behr shared a similar sentiment.

"We had the full support of Fort Jackson's commanding general, Brig. Gen. Bradley May, who was adamant about supporting the program," Behr said.

Behr said that the biggest messages of the video are that the Army takes sexual assault very seriously, and Soldiers who sexually assault fellow Soldiers are harming the victim, themselves and the Army as a whole.

The level of support displayed during the video production shows that a lot of Soldiers feel that way. Behr said his team was also interviewing Soldiers to get their individual perspectives.

Rachel Rednik, vice president of Behr Communications, said that one of the most memorable interviews was with a Soldier who intervened before a sexual assault situation escalated.

"He stepped in when his friend (a Soldier) was sexually harassing someone, and prevented people from getting hurt. Not only did he help the victim, but he also helped his friend who could have ruined his Army career," said Rednik.

It was important, she said, because harassment is common.

Fort Jackson Soldiers seemed eager to participate in making the videos.

"I feel like I'm doing a good thing. I had a friend back home who was sexually assaulted, and I don't want it to happen to anyone else," said Pvt. Jesse Smith, Company B, 187th Ord. Bn.

The video is expected to be available by early next year.

Sharonda.Pearson@us.army.mil

Soldiers may not need to repay tuition

By **STEVE REEVES**
Fort Jackson Leader

A Soldier who needs to withdraw from a college course might not have to repay tuition assistance if the withdrawal was for military-related reasons, thanks to a new system.

Valid military reasons include, but are not limited to, deployment, attending professional development courses and medical issues, said Shirley O’Neal, education support officer for Fort Jackson.

“If the withdrawal is for a military reason, the Soldier will need to show some kind of paperwork verifying the reason,” O’Neal said.

In order for a Soldier to be relieved of responsibility in paying back tuition assistance, the request must be approved by an officer, lieutenant colonel or higher, typically

the battalion commander or the first lieutenant colonel in the Soldier’s chain of command.

For Soldiers needing to withdraw from a class, must do so online through www.GoArmyEd.com. The withdrawal will be forwarded to the school.

If a Soldier withdraws for personal reasons, the new system will initiate tuition assistance repayment procedures. Personal withdrawal reasons require the Soldier to repay the assistance.

Repayment will take place electronically between the Army and Defense Finance and Accounting Service, or DFAS.

O’Neal said if a Soldier has to withdraw from a course



O’NEAL

for non-military reasons, such as a sick spouse, such cases are reviewed on an individual basis.

“If a Soldier has any questions, he or she should come in and talk with an educational counselor,” O’Neal said.

Army Tuition Assistance provides financial assistance for voluntary off-duty education programs in support of a Soldier’s professional and personal self-development goals.

The program is open to nearly all Soldiers (officers, warrant officers, enlisted) on active duty, and Army National Guard and Army Reserve on active duty.

Steven.parrish2@us.army.mil

safety always in season

Thunderstorms, tornados and hurricanes can damage or destroy entire neighborhoods within minutes. Take steps now to prepare your Family to ride out a storm safely.

- **Plan your severe weather strategy.**
Build a disaster supply kit, select a "safe room" and designate Family members responsible for specific tasks such as securing valuables and documents, shutting off power or retrieving pets.
- **Prepare your home, inside and out.**
The Federal Emergency Management Agency and American Red Cross Web sites contain comprehensive checklists to assist in preparing your home and property for severe weather.
- **Practice your evacuation and recovery plan.**
Map out home escape routes and make a plan for Family members to reunite. Designate an out-of-state relative or Family friend as a contact person and make sure all Family members know how to reach the person.

www.Fema.gov
www.Redcross.org

Perfect aim

HAWKEYE
40 OF 40

SOLDIER NAME
PV2 FLOR, ANDREW

UNIT
C 3/60TH

DATE FIRE
SEP 18, 2009

SOLDIER HOME TOWN
FARMINGTON, MA

Courtesy photo

Pvt. Andrew Flor, Company C, 3rd Battalion, 60th Infantry Regiment, hit 40 of 40 targets during his Basic Rifle Marksmanship test to earn the designation “Hawkeye.” Flor is scheduled to graduate Oct. 23.

3-D model expands training possibilities

By STEVE REEVES
Fort Jackson Leader

A new high-tech solid terrain model to be located in the Emergency Operations Center will help Fort Jackson's leaders make better decisions and plan for emergencies.

The three dimensional, 7-by-12-foot model of Fort Jackson will be used as a realistic training aid for Soldiers and support staff during weekly operational planning.

"The idea is to have everything in front of the decision makers," said Bill Hayes, the Integrated Training Area Management coordinator. "People seldom get on the ground anymore so we decided to bring the ground to them."

Hayes said the model can help leaders make better decisions in a variety of scenarios, such as antiterrorism exercises, emergency response drills or risk assessments.

Leaders can also use the realistic model to help them better visualize how decisions on training locations could impact sensitive environmental spots, as well as be used for situational awareness during actual emergencies.

"For example, the engineers could design a road using this," he said. "It has enormous value beyond the decision-making process."

The model depicts all of Fort Jackson's approximately 55,000 acres and was built by using data obtained from "LIDAR," or Light Detection and Ranging.

The model is mounted to a table which is then locked into a stationary position. A sophisticated projection system consisting of several LCD projectors and Geographic Information System enabled display control computers will be mounted overhead and calibrated to accurately project data onto the model.



Photo by STEVE REEVES

Bill Hays, Karen Ellett, Jim Moore and Kathryn Butler, all from the Integrated Training Area Management office, look at the new, sophisticated terrain model of Fort Jackson. The model uses high-tech imagery to give leaders a detailed view of the post.

Various GIS layers and images can then be projected onto the model depicting environmental restrictions, such as wetlands or endangered species, and training features, such as range surface danger zones.

"Visualization is such a big thing when you're planning," said Karen Ellett, a GIS analyst. "This is priceless. It's a great planning tool."

Steve.parrish2@us.army.mil

Housing Happenings

COMMUNITY UPDATES

❑ Judging for the Halloween yard decorating contest will take place Oct. 26. For more information, call 738-8275.

❑ The grass-cutting schedule will be bi-weekly for the remainder of the fall and winter season.

❑ Remember to return trash cans to the designated area after trash pick-up.

❑ Residents who fill out a comment card after being in contact with a Balfour Beatty employee have the chance to win \$100. Winners are chosen monthly.

❑ Volunteers are needed to serve as mayors and vice mayors for the Fort Jackson housing community. Anyone interested in volunteering should contact Vickie Grier at 751-7567.

❑ LifeWork events are free and

open to all residents. To register, or for more information, e-mail cowilliams@bbcgrp.com or call 738-8275. Join the LifeWorks e-mail list and stay informed. Stop by the management office for a calendar of events. Visit www.ft-jacksonfamilyhousing.com.

❑ Balfour Beatty Communities is now leasing to single Soldiers E5 (promotable) and above. There is a limited number of apartments available on Thomas Court for single Soldiers. Call 738-8275 for details.

DEVELOPMENT UPDATES

❑ A ribbon-cutting ceremony for junior enlisted homes is planned for December. More details will follow.

❑ Residents are encouraged to be cautious near construction sites.

End of leave year nears

Special to the Leader

The leave year ends Jan. 2, and all "use or lose" annual leave must be scheduled in writing before Nov. 23 to avoid forfeiture.

Employees may not carry more than 240 hours of annual leave (360 hours in some cases) into the next leave year.

Supervisors should review a current leave report to determine if there are employees with projected annual leave balances in excess of the amount that can be carried forward. Supervisors must assure that annual leave subject to being forfeited is taken, or scheduled to be taken, or that employees indicate in writing their desire not to request or schedule the annual leave.

There are several situations in which annual leave may be restored. They include:

— The agency determines that an exigency (work situation requiring immediate action) exists, the exigency prevented the employee from using leave, and the annual leave is scheduled and approved in writing before Nov. 23. The scheduling record is required as a basis for restoration of leave forfeited for reasons beyond the employee's

control. The exigency must be approved by the local MACOM commander.

— The agency makes an administrative error that causes the loss of annual leave that would be otherwise accruable.

— The requirement to schedule the annual leave in advance does not apply to emergency essential employees in a combat zone. Also included are those employees not deployed to a combat zone, but whose services are required by the current national emergency. Such employees will have use or lose annual leave automatically restored, whether it was scheduled or not. Contact the Civilian Personnel Office for a list of areas that are considered combat zones, and a list of areas that are considered hazardous duty areas.

— Restored annual leave must be scheduled and used by the end of the leave year ending two years after the date the employee's services are no longer required. The agency must extend this period by one leave year for each additional 208 hours of excess annual leave or any portion thereof.

Contact your servicing human resources specialist at CPAC for more information.



Brittain: ‘Always set goals’

Rank, name

1st Sgt. Rick Brittain

Unit

MEDDAC

Military Occupational

Specialty / Job title

68P, radiology specialist / first sergeant

Years in service

19

Family

Married with two children

Highest education

Master’s degree

Hobbies

Ultimate Frisbee, wine collecting

In his nearly 20 years of Army service, 1st Sgt. Rick Brittain has been stationed in Korea; Fort Carson, Colo., Fort Sam Houston, Texas; Fort Drum, N.Y.; and Fort Leonard Wood, Mo.

He said his most memorable experience in the Army was being selected as the senior enlisted adviser among others in his MOS (radiology specialist).



Photo by NICHOLE RILEY, Moncrief Army Community Hospital

First sergeant Rick Brittain plans to continue his career in radiology after his retirement from the Army. He has been serving for almost 20 years.

NCO spotlight

His father is the person who influenced him most in his military career, he said.

“My father ..., as a former officer, gave me the goals, traits and values that I hold today,” he said.

After retirement, Brittain said he plans to become a radiology manager.

His advice for junior enlisted Soldiers is to always set goals.

“At each duty assignment they have, Soldiers need to set three personal and professional goals while they are there because it gives them something to strive for.”

The NCO Creed

No one is more professional than I. I am a noncommissioned officer, a leader of Soldiers. As a noncommissioned officer, I realize that I am a member of a time-honored corps, which is known as “the backbone of the Army.”

I am proud of the Corps of Noncommissioned Officers and will at all times conduct myself so as to bring credit upon the corps, the military service and my country regardless of the situation in which I find myself.

I will not use my grade or position to attain pleasure, profit, or personal safety.

Competence is my watchword. My two basic responsibilities will always be uppermost in my mind — accomplishment of my mission and the welfare of my Soldiers.

I will strive to remain technically and tactically proficient.

I am aware of my role as a noncommissioned officer. I will fulfill my responsibilities inherent in that role. All Soldiers are entitled to outstanding leadership; I will provide that leadership. I know my Soldiers and I will always place their needs above my own.

I will communicate consistently with my Soldiers and never leave them uninformed. I will be fair and impartial when recommending both rewards and punishment.

Officers of my unit will have maximum time to accomplish their duties; they will not have to accomplish mine. I will earn their respect and confidence as well as that of my Soldiers.

I will be loyal to those with whom I serve; seniors, peers, and subordinates alike. I will exercise initiative by taking appropriate action in the absence of orders.

I will not compromise my integrity, nor my moral courage. I will not forget, nor will I allow my comrades to forget that we are professionals, noncommissioned officers, leaders!

Veteran crusades for Soldiers’ rights

I began writing this column to honor the veterans who live and serve in the community. I have discovered people who became heroes as a result of outstanding deeds, exceeding the standards, breaking the barriers, and accomplishing tasks the rest of us only dream about. Some are highly decorated and acknowledged, while others serve quietly and are somewhat unknown. Retired Col. Angelo Perri exemplifies the veterans who spend countless hours advocating and speaking out on behalf of Soldiers, without seeking recognition.

At age 80, while some are content to relax and enjoy retirement, Perri dedicates his time to lobbying, advocating, and working on behalf of Soldiers and veterans in the community. He spends numerous hours supporting Fort Jackson. He has helped retiring Soldiers bridge the gap between their service in the Army and transferring to the civilian job market.

Perri has seen Fort Jackson change from a wooden temporary post to the look of today and remarked that, “They are tearing down all the buildings that were erected in the 1960’s ... time moves.”

During the turbulent times of segregation, and when progress seemed to stand still for the minority Soldiers on Fort Jackson, Perri was not afraid to take a stand. Perri is mentioned in the book “Black, White, and Olive Drab,” a commentary on the struggles of minority Soldiers and civilians who lived on Fort Jackson and in Columbia during segregation.

Perri’s efforts to bridge the gap between the two communities are noteworthy. He worked hard to ensure equal rights and equal housing for minority Soldiers. He spoke up to ensure fair and equal treatment for Soldiers faith-

VETTING
VETERANS

By TERESA
SANDERSON

Leader correspondent



fully serving their country. During his career in the Army, Perri learned the value of selfless service, and that lesson guides him in his retirement. His most notable service to veterans came while serving The Retired Officers Association, or TROA, known today as the Military Officer’s Association of America. He served as executive officer, chapter president, executive director and chief lobbyist for the state, and on the national board. While serving with TROA, Perri and his fellow members proposed legislation affecting the career force, the retired community and the veterans of all uniformed services. Additionally, Perri championed TROA’s main purposes: to assist in career transitions, to provide military benefits counseling and to provide educational assistance to children of military families. Perri and his fellow members laid the groundwork for a law concerning the Survivor Benefit Plan and Social Security for retired military personnel. While retired federal civilian employees’ survivors received money from both SBP and Social Security, retired military personnel survivors had to have the amount of the Social Security

deducted from the SBP. The law allowed the survivors to receive the full amount of both benefits. Thanks to Perri, many survivors of military personnel may have a few extra dollars, so they will not have to choose between their and groceries. In addition, Perri and members of TROA put together a lawsuit on behalf of 2,000 retired military officers against the State of South Carolina for state income tax illegally withheld on retired pay (Ward v. State of South Carolina). The suit was settled out of court with a typical plaintiff from the group of the lawsuit receiving \$12,000. Locally, he had an impact by heading the effort to raise the state income tax exclusion from \$1,500 to \$15,000 for each spouse at age 65. Furthermore, the next time you are driving down the highway and see an Armed Forces Retired plate be sure to thank Perri — he was behind that too.


Perri has known every commanding general on Fort Jackson since 1966 — all 21 of them. This proves his dedication to the post and to his fellow veterans. For the last 25 years, Perri has served on the Military Affairs Committee on the Columbia Chamber of Commerce. He has always represented the military community’s point of view at the monthly meetings of the Issues Committee. Finally, he was heavily involved in obtaining the National Cemetery at Fort Jackson providing an honorable and peaceful resting place for our veterans in the community. I have known Perri for more than a year, and I feel blessed and privileged to have the opportunity to write about one of our community’s unsung heroes.

Retired officer transitions from Soldier to lobbyist

By TERESA SANDERSON

Leader Correspondent

Retired Col. Angelo Perri arrived in the United States at the age of 4 with his mother and sister, joining his father who had already emigrated from Italy. He grew up and attended public schools in Akron, Ohio. Perri was commissioned as a second lieutenant in the Army from the University of Akron’s ROTC program in 1951. He served in both the Korean and Vietnam wars. During his time at Fort Jackson, he served in a variety of positions, including: public affairs officer, battalion commander, brigade executive officer, deputy director of Personnel/Community Activities, and acting chief of staff. One of the highlights of his career was during his time as commander of the U.S. Army New York Area Command, where he met Grace Kelly, Duchess of Windsor, Prince Rainer, several princes of Saudi Arabia, and served in the honor guard for Queen Elizabeth. He proudly represented the Army as a part of the U.S. delegation that hosts foreign visitors and diplomats. Perri received 22 military awards, including two awards of the Combat Infantryman Badge. His organizations include the Military Officer’s Association of America, S.C. State Museum-Military Heritage Foundation, Association of the United States Army and Military Order of World Wars. Perri is married to the former Celia Elizabeth Moore of Columbia, whom he met while he was stationed at Fort Jackson. He has four daughters, a son, a stepson and 12 grandchildren.



PERRI

Military family stays strong after tragedy

My 6-year-old daughter, Phylicia, and I drove to the Blue Ridge Mountains for an apple festival recently. Amidst the candy apple faces, the cotton candy, the kid’s rides and the backdrop of the North Carolina sky, we saw a booth manned by a somber looking family bearing a big poster that read “In Jessie’s Honor.”

We walked over and saw it was a military family, looking for contributions for a foundation in their fallen son’s name.


Jessie Cassada was a young Marine who was killed Jan. 6, in Afghanistan. The foundation makes care packages for deployed service members. We donated most of our fair spending money to the cause. And we sat for a while and looked through the photo albums and projects that this family became part of through their loss.

The family photos clashed with a kind of sad irony — they stood out in contrast next to the happy families walking through the apple festival. I wondered why Jessie’s family would put themselves through the pain of setting up a booth to tell the tale of what was, and is, this family’s worst nightmare come true.

COMMENTARY

By PHYLLIS GUILMETTE THOMPSON

Special to the Leader



At first, I did not understand why — when you no longer had the luxury of eating apple pie at a festival with your little boy — you would sit in the sun and show the world your pain.

I wondered if my daughter should witness this or not. Phylicia’s father is a Black Hawk pilot who will be going back overseas next month, and her stepdad is a flight engineer who has been deployed to Afghanistan since December. Phylicia is very proud of this, as she should be. I told Phylicia that this booth was for every service member; she smiled and took a yellow ribbon.

It dawned on me that even though I have had friends killed in the war, I still have no concept of what happens when the news headlines fade. Yes, I try to honor service members every day in some way. I encourage Phylicia to honor them as well. We have volunteered at military hospitals, we have been on the sidelines of half a dozen deployments, and in every one, someone does not come back.

But for the first time, I realized Jessie’s mother was still seeing a little boy blow out the candles when she watched the news every morning. In her mind, her son Jessie was still a child running through her yard. He was still at the kitchen table asking for more dessert. He was a teenager fighting her on curfew. He was still a baby wrapped in a receiving blanket.

And he was taken from her in the middle of the night, in a country in which she had never been. Her loss was something she was not going to let the world forget. And on the way home, I pledged to myself — as a mother and a military wife — to do the same.

Editor’s note: Phyllis Guilmette Thompson is a military spouse who lives in the Lexington area.

Fort Jackson talks back

Staff writer Sharonda Pearson asked community members: What do you do to stay healthy this flu season?



Pvt. Duran Hayden
Company D, 3rd Battalion,
60th Infantry Regiment

“I got the flu shot, and always carry hand sanitizer.”



Michael Scott
Disabled veteran

“I never had the flu so I said I wouldn’t change anything too much, but I do always try and wash my hands.”



Pvt. Zachery Chesterman
MEDDAC

“I carry hand sanitizer, which is standard on post. I always use the Purell when I enter any building where (there is) patient care. Also, today I was fit tested for the face masks for breathing protection.”



Terry Thruston
Army retiree

“Me and my wife took a flu shot, and we make sure to wash our hands a lot.”



Cassie Rellinger
Family member

“I got both my children the flu shot.”



Pfc. Alicia Allums
Company D, 3rd Battalion,
60th Infantry Regiment

“We bleach the barracks every week, and I got my flu shot.”

Saluting the cycle’s Basic Combat Training honorees

DRILL SERGEANTS OF THE CYCLE



Sgt. 1st Class Yolanda Hill
Company A
3rd Battalion,
13th Infantry Regiment
SOLDIER LEADER OF THE CYCLE
Spc. Javelin San Nicolas

SOLDIER OF THE CYCLE
Pfc. Toswie Elliott

HIGH BRM
Pfc. Colton Houck

HIGH APFT SCORE
Pfc. Jose Zamora

SUPPORT AWARDS OF THE CYCLE

STAFF SUPPORT AWARD
Spc. Stanley McDonald



Staff Sgt. Sundiayta Thompson
Company B
3rd Battalion,
13th Infantry Regiment
SOLDIER LEADER OF THE CYCLE
Pvt. Matthew Roybal

SOLDIER OF THE CYCLE
Pvt. Justin Lincoln

HIGH BRM
Pfc. Joseph Leafy

HIGH APFT SCORE
Pfc. Casey Lunt

TRAINING SUPPORT AWARD
Donnie Wallace



Staff Sgt. Felicia Young
Company C
3rd Battalion,
13th Infantry Regiment
SOLDIER LEADER OF THE CYCLE
Spc. Lakeisha Monroe

SOLDIER OF THE CYCLE
Pfc. Andrew Patrick

HIGH BRM
Pfc. Killian Shelton

HIGH APFT SCORE
Pfc. Andrew Patrick



Staff Sgt. Kevin Taylor
Company D
3rd Battalion,
13th Infantry Regiment
SOLDIER LEADER OF THE CYCLE
Spc. Zachary Blume

SOLDIER OF THE CYCLE
Pfc. Philip White

HIGH BRM
Pfc. Brandon Lester

HIGH APFT SCORE
Pfc. Donald East II

FAMILY SUPPORT AWARD
Shermell Williams



Sgt. 1st Class Christopher Robinson
Company E
3rd Battalion,
13th Infantry Regiment
SOLDIER LEADER OF THE CYCLE
Pvt. Clinton Shivers

SOLDIER OF THE CYCLE
Pvt. Alena Mashchenko

HIGH BRM
Pfc. Trevor Denhierder

HIGH APFT SCORE
Spc. Leah Chen



Sgt. Karla Patterson
Company F
3rd Battalion,
13th Infantry Regiment
SOLDIER LEADER OF THE CYCLE
Pfc. Danella Guillaume

SOLDIER OF THE CYCLE
Pvt. Mark Duckett Jr.

HIGH BRM
Pvt. Santino Caliri

HIGH APFT SCORE
Spc. Megan Henry

DFAC AWARD
Shirley Chambers

News and notes

KNIGHT POOL CLOSING

Knight Pool will close Monday for repairs for about four months. Arrangements are being made with off-post facilities to serve patrons during the renovations.

DOMESTIC VIOLENCE AWARENESS RALLY

Fort Jackson’s sixth annual Domestic Violence Awareness Rally is scheduled for 8:30-11:30 a.m., Saturday, at the Solomon Center.
The rally will begin with a march and will feature

guest speakers Henry McMaster, South Carolina attorney general, and Lorie Boddie, a survivor of domestic violence.

FOOD EXPO

Fort Jackson’s fourth annual Food Expo is scheduled for 11 a.m. to 2 p.m., Tuesday, at the NCO Club. The event is free and includes food tasting and door prizes. Former Pittsburgh Steelers running back Franco Harris will sign autographs.

NEIGHBORHOOD HUDDLE

Balfour Beatty Communities conducts regular neigh-

borhood huddles for family housing residents to provide a town hall-like meeting for them to receive housing-related updates and share concerns.
Also, representatives from other on-post organizations are often present to address concerns.
These meetings are extremely important to ensure an open line of communication between the residents and Balfour Beatty Communities in order for issues to be addressed immediately.
Balfour Beatty strives to provide our residents with a place they can be proud to call home; in order to achieve this, your input is vital. The next October huddle is scheduled for 10 a.m., today.



Army Community Service

October calendar of events

Thursday, Oct. 15

Financial/relocation initial PCS class: 9-10:30 a.m., Education Center, Room B302

Positive parenting 101: 2-4 p.m., Joe E. Mann Center, conference room

EFMP bowling: 3:30-5:30 p.m., Century Lanes Bowling Center

Friday, Oct. 16

Explore the world of cosmetology: 9 a.m. to noon, 700 Gervais St., Suite D

Saturday, Oct. 17

6th annual domestic violence awareness rally: 8:30-11:30 a.m., Solomon Center

Tuesday, Oct. 20

Starting and running a small business: 9-11:30 a.m., Education Center

Military spouse noncompetitive hiring authority seminar: 11 a.m. to noon, Strom Thurmond Building, Room 222

Wednesday, Oct. 21

Financial readiness for first termers: 8:30 a.m. to

4:30 p.m., Education Center, Room B302

Information Exchange Council meeting: 9 a.m., Post Conference Room

Dress for success: 9:30-10:30 a.m., Strom Thurmond Building, Room 222

Fourth quarter Helping Hands award: 10 a.m., Post Conference Room

Child abuse awareness class: noon to 2 p.m., Main Post Chapel

Thursday, Oct. 22

Own your home seminar: 9-11 a.m., Education Center

Pre-deployment Battlemind training (spouses): 10-11 a.m., FRG Building

Steps to federal employment: 12:30-3:30 p.m., Strom Thurmond Building, Room 222

Post-deployment Battlemind training (spouses): 1-2:30 p.m., FRG Building

Hearts apart: 6-7:30 p.m., Main Post Chapel

Friday, Oct. 23

Steps to federal employment: 9 a.m. to noon, Strom Thurmond Building, Room 222

Managing emotions under pressure: 10:30 a.m. to

4 p.m., 5615 Hood St., Room 10

Tuesday, Oct. 27

Military spouse noncompetitive hiring authority seminar: 11 a.m. to noon, Strom Thurmond Building, Room 222

Wednesday, Oct. 28

Employment readiness program orientation: 8:30 a.m. to noon, Strom Thurmond Building, Room 222

Resume writing for beginners: 1:30-3:30 p.m., Strom Thurmond Building, Room 222

Phase II LEVY briefing: 2:30-3:30 p.m., Strom Thurmond Building, Room 213

Thursday, Oct. 29

Steps to federal employment: 12:30-3:30 p.m., Strom Thurmond Building, Room 222

Autism support group — ABA therapy: 5 p.m., 5614 Hood St., Room 8



For more information or to register for classes, call 751-5256 or 751-6325.
This information is published the last week of each month in *The Fort Jackson Leader*.

Holiday shipping cut off dates

Domestic Mail Class/Product	Cut Off Date
First Class Mail	Dec-21
Priority Mail	Dec-21
Express Mail*	Dec-23
Parcel Post	Dec-18
DBMC Drop Ship	Dec-18
DDU Drop Ship	Dec-23
International Mail**	
Express Mail Military APO/FPO**	

* Some Express Mail destinations may have extended service commitments.
** See additional information.

Military Mail Addressed To	Express Mail® Military Service (EMMS)1/	First-Class Mail® Letters and Cards	Priority Mail®	Parcel Airlift Mail (PAL) 2/	Space Available Mail (SAM)3/	Parcel Post®
APO/FPO AE ZIPs 090-092	Dec-18	Dec-11	Dec-11	Dec-4	Nov-28	Nov-13
APO/FPO AE ZIP 093	N/A	Dec-4	Dec-4	Dec-1	Nov-21	Nov-13
APO/FPO AE ZIPs 094-098	Dec-18	Dec-11	Dec-11	Dec-4	Nov-28	Nov-13
APO/FPO AA ZIP 340	Dec-18	Dec-11	Dec-11	Dec-4	Nov-28	Nov-13
APO/FPO AP ZIPs 962-966	Dec-18	Dec-11	Dec-11	Dec-4	Nov-28	Nov-13

1/ EMMS: is available to selected military post offices. Check with your local Post Office to determine if this service is available to an APO/FPO address.

2/ PAL: is a service that provides air transportation for parcels on a space-available basis. It is available for Parcel Post items not exceeding 30 pounds in weight or 60 inches in length and girth combined. The applicable PAL fee must be paid in addition to the regular surface rate of postage for each addressed piece sent by PAL service.

3/ SAM: parcels are paid at Parcel Post postage rate of postage with maximum weight and size limits of 15 pounds and 60 inches in length and girth combined. SAM parcels are first transported domestically by surface and then to overseas destinations by air on a space-available basis.

International Mail Addressed To	Global Express Guaranteed® (GXG)4**	Express Mail® International (EMS)5*	Priority Mail® International (PMI)6*	First-Class Mail®
Africa	Dec-18	Dec-12	Dec-4	Dec-4
Asia/Pacific Rim	Dec-18	Dec-17	Dec-11	Dec-11
Australia/New Zealand	Dec-18	Dec-17	Dec-11	Dec-11
Canada	Dec-22	Dec-18	Dec-14	Dec-11
Caribbean	Dec-21	Dec-17	Dec-14	Dec-11
Central & South America	Dec-21	Dec-12	Dec-4	Dec-4
Mexico	Dec-22	Dec-17	Dec-11	Dec-11
Europe	Dec-21	Dec-17	Dec-14	Dec-11
Middle East	Dec-18	Dec-17	Dec-14	Dec-11

***GXG Notes: 1) Cutoff date does not take into account time needed for customs clearance. 2) Should allocate extra transit day(s) for delivery outside major cities. 3) Last day to ship to Afghanistan and Iraq is Dec 18.

2009 Holiday Season Import Dates*

SURFACE		AIR		EMS
LC/AO	CP	LC/AO	CP	
Dec-11	Dec-4	Dec-17	Dec-15	Dec-21

*Provides mailing guidelines for foreign postal partners in order to meet December 25 delivery.

THE CMS PROCESS

The Customer Management System at Fort Jackson is a three-tiered feedback system established to determine the satisfaction of those who work, train, live and play on the installation.

CMS includes the Interactive Customer Evaluation system, Community FIRST/AFAP and Customer Service Assessments.

This feedback enables the garrison to focus on specific actions aimed at improving customers' experiences of post services.

A complete list of Community FIRST issues can be found at <http://www.jack-son.army.mil/WellBeing/wellbeing.htm>. New issues may be submitted on the site as well, by clicking on "Submit an Issue or Recommendation" or on the Community FIRST/AFAP Logo.

Whether it affects individuals and constituent groups here at the installation level or throughout the Army, feedback is important.

"Let your voice be heard!"

THIS IS A TOY,

THIS ISN'T.

Never point a gun at yourself or someone else.

Over the last couple years, more than a half dozen Soldiers lost their lives when someone intentionally pointed what they believed to be an unloaded weapon at themselves or someone else and pulled the trigger. Always treat weapons as if they're loaded.

RANGE & WEAPONS SAFETY TOOLBOX

<https://safety.army.mil/rangeweaponssafety>

CHECK IT OUT TODAY!

Calendar

Today
Rocks Inc. meeting
5:30 p.m., Post Conference Room
Call 751-1898 for information.

Friday
Drill sergeant spouse focus group
8:30 a.m. to 12:30 p.m., 3499 Daniel St.
Child care is available with advance notice. Register by Tuesday. Call 751-3425 for information or to register.

Saturday
Domestic Violence Awareness Rally
8:30 -11:30 a.m., Solomon Center
Guest speakers: Henry McMaster, S.C. state attorney general and Lorie Boddie, S.C. Coalition Against Domestic Violence and Sexual Assault

Monday
Town Hall meeting
6 p.m., Solomon Center
Topic:H1N1 influenza

Tuesday
Food Expo
11 a.m. to 2 p.m., NCO Club
Taste the latest dining facility menu items at this free expo. Door prizes will be also given.

Announcements

171ST VETERANS DAY BALL
The 171st Infantry Brigade Veterans Day Ball is scheduled for Nov. 6 at the Medallion Center. RSVP by Oct. 23. Call 751-7242/3316 for ticket information.

RECLAMATION SALE
A reclamation sale for Soldiers is scheduled for Oct. 26-30 at 2570 Warehouse Road. The schedule is as follows:
Oct. 26 — E1-E6, active duty, Reservists on active duty
Oct. 27-30 — all ranks

DHR CLOSED
The Directorate of Human Resources (excluding the ID card section) will be closed from 11 a.m. to 5 p.m., Oct. 23. Call 751-6024/7731 in case of emergency.

PET VISITATION PROGRAM
The Red Cross is developing a Pet Visitation Program to provide pets to visit Warrior Transition Unit Soldiers and families, Moncrief Army Community Hospital patients and more. If you are interested in volunteering yourself and your pet, call 751-4329.

MACH VOLUNTEERS
Volunteers are needed for the Red Cross and Moncrief Army Community

Hospital. Volunteer positions for the Red Cross include: web designer/ manager, emergency communications caseworkers, data entry, computer technician, instructors (baby sitter training, CPR, first aid, AED). Hospital volunteer positions include: transportation, clerical, data entry, public relations and help in various clinics. Visit the Red Cross office or MACH for information.

HEARTS APART
The Army Community Services Hearts Apart program is inviting family members of deployed Soldiers, or Soldiers serving on an unaccompanied tour, to participate in a video-teleconference with their Soldier during the upcoming holiday season. To participate, call 751-5458/1124 or *Malissa.Welch@us.army.mil* or *Miranda.Broadus @us.army.mil*.

AAFES UPDATES
AAFES has scheduled a Meet and Greet session 1-2 p.m., the first Tuesday of each month. The session is for customers to share comments, suggestions and more. AAFES’ “Buddy List” provides customers the opportunity to have store promotions delivered weekly to an e-mail inbox. August, September and October “Buddy List” subscribers can complete an online survey through Oct. 31 to be entered into a drawing for a \$1,000 shopping spree.

AMERICAN LEGION GOLF
The American Legion Auxiliary has scheduled its inaugural golf tournament for noon, Oct. 23 at the Fort Jackson Golf Club. For more information, call 799-6695, (843) 281-8513 or e-mail *Timbet1@aol.com*.

DHR FURNITURE
The Directorate of Human Resources will replace work stations/furniture Oct. 19 to Jan. 8 in most of the work centers/activities in the Strom Thurmond Building. The timeline will be publicized at a later date.

THRIFT SHOP
The Thrift Shop is hiring a data clerk. To apply, contact the Thrift Shop. Operating hours are Tuesday-Thursday, 9:30 a.m. to 3:30 p.m.
The Thrift Shop is also accepting welfare applications.

HIGH SCHOOL ESSAY CONTEST
“Being an American” contest is now open to students in grades 9-12 who are U.S. citizens or legal residents. This

CONTACTING THE LEADER

To contact the *Leader*, e-mail *FJLeader@conus.army.mil*.

year’s question: “What civic value do you believe is most essential to being an American?” The grand prize is \$5,000 for each regional winner. Entries are due Dec. 1. Visit *www.beinganamerican.org*.

GRADUATION TIMES
Beginning Nov. 1, graduation will be scheduled for 10 a.m. to coincide with the end of daylight saving time.

COMMISSARY TWEETS
DeCa will use Twitter and Facebook to post promotions, events and cost-saving programs. To receive tweets from the commissary, sign up at *www.twitter.com/TheCommissary*. To become a Facebook fan, search “Defense Commissary Agency” or visit the fan page at *http://www.facebook.com/pages/Defense-Commissary-Agency/131694158961?ref=ts*

SFAC/WTU ACTIVITIES
The Soldier Family Assistance Center, located at 4512 Stuart Ave., has scheduled several domestic violence awareness seminars. Seminars are 10 a.m. to 2 p.m. each Friday in October and will be accompanied by free massage, facial, manicure or pedicure. On-site child care is available upon request.

Housing events

Tuesday
Breakfast on the go
7:30 a.m.
Get a hot Chick-Fil-A breakfast on the way to school.

Neighborhood huddle
10 a.m.

Friday, Oct. 23
Neighborhood Watch party
6 p.m.
Enjoy music, food and fun for the whole family while learning how to be proactive against crime.

Friday, Oct. 23
Halogreen costume contest
4 p.m.
Wear your best eco-friendly costume.

Every Tuesday
Walking club
9 a.m.
Strollers are welcomed.

Every Wednesday
Salsa dancing
6 p.m.
Come by to learn how to salsa dance.

All events are held in the Balfour Beatty Communities management office unless otherwise specified. For more information, call 738-8275.

Off-post events

RECRUITMILITARY EXPO
A free employment, entrepreneurship and educational expo is scheduled from 11 a.m. to 3 p.m., today, at the Bojangles Coliseum in Charlotte. The expo is for veterans, personnel transitioning from active duty, Reservists, National Guardsmen and military spouses. For more information, or to register, visit *www.recruitmilitary.com*.

TEEN IDOL
Nineteen teens will compete in this year’s Richland County Public Library Teen Idol at 1431 Assembly St. Call 929-3470 for information.

WOUNDED WARRIOR RUN
East Carolina University’s Army ROTC and the Brook Valley Country Club have scheduled their Annual Wounded Warrior Run, Nov. 14. The race is in support of the Soldiers in the Fort Bragg, N.C. Warrior Transition Battalion. Visit *www.woundedwarriorrun.com* for information.

PALMETTO PAINTERS
Palmetto Painters has scheduled its November meeting for 10 a.m., Saturday, at Green Hill Baptist Church, 1734 August Road, West Columbia. The program is an oil still life, and will be taught by Mary Hartfield. Call 781-2340 or visit *www.palmettopainters.com* for more information.

KIDS IN PRINT
The Richland Conunty Public Library is accepting entries for “Kids in Print,” a publication featuring artwork, photos and writing by children, 6 to 18. Entry forms are available at all RCPL locations and online at *www.myRCPL.com/children*. Submissions are due Dec. 4, and selections will be made in the spring. The publication will be available in May.

WILD THINGS MOVIE RELEASE
The Richland Conunty Public Library has scheduled movie release for “Where the Wild Things are Are,” for 6 p.m., today, in the Children’s Room of the Main Library. Children are encouraged to dress up as a Wild Things character. All attendees will be entered into a drawing for free movie passes.

ADVERTISE IN THE LEADER

To place an advertisement in the *Leader*, including classified ads, contact Camden Media Co. at (803) 432-6157 or 1-800-698-3514. Ads can also be faxed to (803) 432-7609.



Photo by STEVE REEVES

Terry Cooper, Victory Travel, helps a customer make travel arrangements. Victory Travel offers discounted tickets to a number of attractions, such as Disney World and Universal Studios.

Disney, Universal ending military travel discounts

Victory Travel can help you plan your next vacation getaway. Why not make it a holiday to remember by taking advantage of Disney's Salute to the Military and a special offer for the military at Universal Studios?

Active and retired military members can get complimentary five-day Disney's Armed Forces Salute ticket. Activated National Guard and Reservists with orders showing active status after Jan. 1, 2008, and active or retired members of the Coast Guard are eligible for this offer.

During this offer, active or retired military personnel (or their spouses, but not both) may also buy up to a maximum five-day Disney Armed Forces Salute companion ticket. This \$96 ticket is only available at Victory Travel.

"You need to hurry up and take advantage of this great offer," said Don Jackson, manager, Victory Travel. "This offer ends Dec. 23. You have to use your ticket by Dec. 23. That means to take advantage of all five-days you would have to start your visit no later than Dec. 18. Disney has already said it is not renewing this offer next year."

Recently, the Taubl family took advantage of this offer.

"My experience with the Disney special was wonderful. My family and I had planned to go to California for a vacation, but that plan was changed at the last minute, but we still had people coming in so we decided to do the Disney special early (that had been my plan for Christmas). So I ran over to Victory Travel to see what they could do to help me. Terry Cooper, (my new favorite person) was so helpful," said Catherine Taubl, a family member of a retired Marine.

"My family and I had never been to Disney World and Terry helped me through the whole thing," Taubl said. "He found us a hotel that had suites right outside Disney, calling them to make sure that nothing had changed and we would still have the specials they were running. He explained all the upgrades to the tickets we could get (if we wanted the water park or not, etc). We had the best vacation ever and we plan to do this again same time next year. Thank you, Victory Travel."

Victory Travel also has a special offer from Universal Orlando Resort, as well. Get tickets to two parks — Islands of Adventure and Universal Studios. Universal is offering

Army Family Covenant

By THERESA O'HAGAN

Family and Morale, Welfare and Recreation

one free two-park unlimited admission ticket valid for active duty (includes Army, Navy, Air Force, Marines, Coast Guard, National Guard or Reservists) or retired military service members with valid military photo ID.

Universal Resort Orlando is also offering a specially-discounted two-park unlimited admission tickets valid for Family and friends. Tickets can be purchased by active duty and retired military service members and/or dependents who present a valid military or dependent photo ID. Some restrictions apply. Tickets must be purchased at Victory Travel.

Tickets must be used completely by Dec. 18 or they will automatically expire. Tickets must be used by the same person on any and all days. Companion tickets can only be used by the family, friends or companions for whom they are purchased.

Wet'n Wild Orlando is also offering free admission to all active duty and retired military through Dec. 31. Discounted tickets are also available for companions. Wet'n Wild's heated pools are open year-round.

Victory Travel can make your vacation planning easy by helping you book airline tickets and hotels as well. "There are numerous hotels in the Disney and Orlando area that offering great military discounts," Jackson said.

Booking flights with Victory Travel is easy too. "With our system we can see all the flights, special offers and discounts that are available," Jackson said. "You can also get information about any fees or other restrictions that may not be revealed on the online sights. There's an old saying in the travel industry, that without a travel agent you are on your own."

Visit the Web site at <http://fortjacksonmwr.com/travel/> for more information. Click on the links on the right side of the page.

FMWR calendar

THURSDAY

- ☐ Visit Century Lanes for food, fun and bowling.
- ☐ Magraders Pub and Club is open for lunch.
- ☐ Visit the Officers' Club 11 a.m. to 1:30 p.m. for specials or the buffet.
- ☐ Eat Right Cooking School with the EDGE!, 3:30-5 p.m. For more information, call 751-3053.

FRIDAY

- ☐ Artistic Expressions with Jake, 6:30 p.m., Teen Room at the Youth Services Center.
- ☐ Dance to a variety of music provided by DJ Randall at Magraders Club, 9 p.m. to 3 a.m. Magraders Club is located in the back of Magraders Pub. Cover charge is \$5 for civilians and \$3 for military.
- ☐ Let 'Er Roll with the EDGE!, 5:30-7 p.m., Century Lanes Bowling Center. Open to children 8-15.

SATURDAY

- ☐ Step Team practice, 2 p.m., dance room at the Youth Services Center.
- ☐ Classic Soul Saturday, 9:30 p.m. to 2 a.m., Excalibur Room at the NCO Club. Cover charge is \$5 for civilians and \$3 for military.
- ☐ Trip to Greenville, 8 a.m. to 7 p.m., departs at Marion Street Station. The transportation cost is \$10.
- ☐ Domestic Violence Awareness Rally, 8:30-11:30 a.m.
- ☐ Military Golf Challenge, 10 a.m., Fort Jackson Golf Club.

SUNDAY

- ☐ Family day at the Youth Services Center, 2-6 p.m.
- ☐ Traditional brunch, 11 a.m. to 2 p.m, Officers' Club. Coat and tie are no longer required. T-shirts, running attire and flip flops are not permitted.

MONDAY

- ☐ Eat Right Cooking School with the EDGE!, 3:30-5 p.m. For more information, call 751-3053.
- ☐ PBA experience, 5 p.m., Century Lanes Bowling Center, \$18 per week.
- ☐ Family fun duo league, 6 p.m., Century Lanes Bowling Center, \$19 per duo.

TUESDAY

- ☐ Haunt your house with the EDGE!, 3:30-5 p.m., 5955-D Parker Lane. Open to children 10-16.

WEDNESDAY

- ☐ Karaoke night with Tom Marable at Magraders Club. Cover charge is \$5 for civilians and \$3 for military.
- ☐ Party night, 8 p.m., NCO Club. Cover charge is \$7 for civilians and \$5 for military.
- ☐ Let 'Er Roll with the EDGE!, 5:30-7 p.m., Century Lanes Bowling Center. Open to children 8-15.
- ☐ Guest Day at the Fort Jackson Golf Club.

ONGOING OFFERS

- ☐ The Officers' Club is ready to host your next special event. The club's professional staff will ensure every detail is addressed so your event will be to your specifications.
- ☐ The NCO Club breakfast is served 6-9 a.m., Monday through Friday. The cost is \$7 for adults and \$3.75 for children 4-10 years old.
- ☐ Victory Travel has special offers for a variety of dinner shows and attractions. Currently offered are discounted tickets to Carowinds, \$30 per ticket, and Six Flags, \$27 per ticket, for the 2009 season. Some offers require reservations. For more information, visit Victory Travel in the Solomon Center.

Chronic stress can lead to depression

By **LISA YOUNG**

*U.S. Army Center for Health Promotion
and Preventive Medicine*

October is designated as National Depression Education and Awareness Month. The Army views this observance as an opportunity to increase the awareness of Soldiers, family members and civilians about the signs and symptoms of depression, treatment and behavioral health resources available for care.

The connection between stressful situations, and clinical depression is complex. Clinical depression is associated with an imbalance of chemicals in the brain that carry communications between the nerve cells that control mood and other body systems. Clinical depression is defined as a period of sadness that affects an individual's ability to work, sleep, eat and enjoy once-pleasurable activities.

It is not uncommon for stressful positive or negative events to precede the development of clinical depression.

Stressful events are common in the military service and in military family members. Negative life experiences, medicine, rigid thinking patterns, lack of sunlight, certain personality traits and genetic factors can influence clinical depression.

Depression may develop after a negative event that is stressful, such as the death of a loved one, loss of a job, end of a relationship or physical illness. Stress can also occur from a positive event such as getting married, moving to a new city or starting a new job. No single stressful event will

ON THE WEB

For more information about depression, its treatment and how to get help, visit these Web sites:

- ❑ CDC — www.cdc.gov/features/depression/
- ❑ Military OneSource — www.militaryonesource.com
- ❑ Defense Center of Excellence Outreach Center — www.dcoe.health.mil/ph_stress_res.aspx
- ❑ Real Warriors Campaign — www.realwarriors.net/

cause depression to develop in every person, but stressful experiences may contribute to the development of depression.

A stressful event is more likely to occur before a first depressive episode. After that, depression may develop spontaneously with stress leading to the depression. For those who struggle with chronic depression, the effects of stress may be more complicated.

A theory called the "kindling effect," proposes that initial depressive episodes spark changes in the brain's chemistry that make it more prone to future depression just as the use of kindling wood sparks the flames of a campfire. Because early episodes of depression make a person more sensitive, even small stressors can lead to later depressive episodes.

Depression may also result from struggles with chronic stress. This stress may be due to juggling multiple roles at home and work, making major changes in lifestyle, coping with deployment issues, handling normal transitions in life, dealing with children leaving the home, or struggling with a reduction of position and finances.

If a person is under continuous stress, a single difficult event may be more likely to induce a depressive episode. Researchers theorize that when people experience chronic or repeated stressful events, they learn to feel helpless.

This feeling of helplessness is strengthened when a person believes he or she has no control over the stressful situation.

When a depressed mood persists for several months and interferes with everyday living, it is likely a sign of serious depression that requires treatment.

With appropriate treatment, many people can experience improvement in a relatively short period of time and are able to function fully and control the chance of recurrence. Treatment can include medication and talk therapy. Medication helps to balance chemicals in the brain, and talk therapy helps individuals to identify and correct common errors in their thinking.

Without treatment, the costs of depression can be very high, to include loss of jobs, destroyed relationships, isolation from their communities, and reduction in physical or mental health.

As the Army's theme for October indicates: "There is no braver act than to ask for help if you need it."

MACH updates

NATIONAL PHARMACY WEEK

National Hospital Pharmacy Week recognizes the invaluable contributions that pharmacists and technicians make to patient care in health care institutions. The week's theme is: "Know your medicine, know your pharmacist."

This is an ideal time for pharmacy departments to acknowledge and celebrate their achievements in ensuring safe and effective medication use in their institutions and to share those accomplishments with patients, other health professionals and the community.

PHARMACY TECHNICIAN DAY

On Oct. 20, MACH applauds the valuable contributions pharmacy technicians make every day by assisting the pharmacist in providing pharmacy services. Through certification, pharmacy technicians are able to provide these vital pharmacy services safely and effectively.

The unparalleled dedication to trained, tested, and trusted pharmacy technicians has long-term benefits for the development of pharmacy technician careers nationwide.

ASAP CLEARING PROCEDURE

Soldiers must now clear the Army Substance Abuse Program, Social Work Services and Behavioral Health prior to leaving the installation.

The Soldiers' out-processing will include a review of medical records and provide an opportunity for the Soldier to receive behavioral health care or information at his or her gaining installation. Out-processing hours are 8-11 a.m., Tuesdays and 1-4 p.m. Thursday at MACH Room 7-90. For more information, call 751-2235.

MACH CLOSES ENROLLMENT

Because of a shortage of on-post primary care providers, active duty family members will no longer be able to enroll for services at MACH. Family members will have a choice of Primary Care Managers in the TRICARE Prime network in the civilian community.

CATARACT SCREENING

The Moncrief Army Community Hospital Ophthalmology Clinic will conduct quick cataract evaluations Oct. 23 for all beneficiary categories, including active-duty family

members, retirees and retiree family members.

A referral is not necessary to call for an appointment. To schedule an appointment, call 751-5406.

ORTHOPEDIC CLINIC

The MACH Orthopedic Clinic is currently seeing only active-duty Soldiers and certain other patients for follow-up appointments. If you need assistance obtaining orthopedic care, call the referral center at 751-2363

APPOINTMENTS ON TWITTER

MACH is announcing same-day appointments for primary care on Twitter. These are appointments that were initiated by a patient but were canceled. The open appointment will become available to the first patient to request it. Sign up at www.twitter.com/machcsd.

DFAC CLOSURE

The MACH dining facility remains closed for renovations. Patrons can use the mobile kitchen near the third-floor entrance.

Welcome to MACH



Photo by NICHOLE RILLEY, MACH

Maj. Chester Jean is Moncrief Army Community Hospital's new adult and child adolescent psychiatrist. He came to Fort Jackson from Walter Reed Army Medical Center in Washington.

Doing God’s will can calm restlessness

By **CHAPLAIN (CAPT.) STEVEN RINDAHL**
Moncrief Army Community Hospital

Frank was a restless young man whose dad had gotten rich in the cloth industry. He quickly gained a reputation around town as a partier. He enjoyed a wild lifestyle and had lots of companions who enjoyed the lifestyle with him while he spent family money to keep the party going. A person who knew him well said that Frank’s friends and lifestyle were, “addicted to evil and accustomed to vice.”

While being a major cloth merchant brought in a lot of money, there was not enough glamour or glory for young Frank. Eventually, he decided to satisfy his sense of adventure by going off to war. He entered the Army and went to war convinced he would be a conquering hero.

Instead, Frank was captured by the enemy shortly after his arrival to the battlefield. Frank wound up being a prisoner of war for about a year before he was released. After he was released, Frank went back to partying hard and just living for the moment. He again grew restless and attempted to secure his glory in the Army. That attempt also failed to provide Frank satisfaction and he left the Army for a second time.

After a bout with an illness, Frank decided to travel. His first stop was Rome. While in Rome, he was moved by the poverty and the people who were begging in the streets. It

clashed so much with the life he was living that he began to feel as if there should be something more to his life.

When he returned home, Frank decided to do something good for the church. In what we might consider “backward logic,” Frank stole cloth from his dad’s mercantile business, sold it and then used the proceeds to pay for the restoration of the local parish church building. Although it could not be considered a typical way of beginning a turn toward God, this was in fact the beginning of a major spiritual journey in Frank’s life.

Over the years, Frank had an ever growing dedication to living a life that conformed to God’s will. He raised funds (legitimately) for the restoration of churches and personally helped in their restoration. He gave up his vain attempts to just live for himself and lived for the benefit of others. He sought no recognition for what he did. Soon his former “party animal” reputation gave way and was replaced with one of being a servant of God.

It did not take long before Frank once again had a group of followers. But this time they were not the hangers-on seeking to party with dad’s money. Now they were people who wanted to have the same sense of fulfillment that Frank had. They patterned their own lives after his, just as he was trying to pattern his after the lives of Jesus’ first disciples — giving up everything in order to bring the gospel to others. Eventually this band of brothers grew to the point

that the church officially recognized it as a holy order. Frank and his followers called themselves the “Friars Minor.” The order that was founded by them is now well known as Franciscans.

Frank, now known as St. Francis of Assisi, is probably one of the best known saints in the world. Just about everyone is familiar with the image of the peaceful young monk surrounded by birds and wild animals. What is not as well known is the story of what he had done leading up to his achieving that peace.

What about you? What have you been using in your life to try to experience a fulfillment that only God can provide? We have all been called to respond to God where we are and to be witnesses for him. Unlike St. Francis, we do not have to leave our vocations to do that. Each one of us can dedicate ourselves to doing God’s will and being his witnesses in our various stations of life. We are told in scripture, “Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ.” (Col 3:23-24)

“Most High, Glorious God, enlighten the darkness of our minds. Give us a right faith, a firm hope and a perfect charity, so that we may always and in all things act according to Your Holy Will.” St Francis of Assisi — A Vocational Prayer



PROTESTANT

- Sunday
8 a.m. and 11 a.m. Daniel Circle Chapel (Gospel)
7:45 a.m. Bayonet Chapel (Hispanic)
9 a.m. and 10:30 a.m. Magruder Chapel
9:30 a.m. Main Post Chapel
10:45 a.m. Post-wide Sunday School (Main Post Chapel)
11 a.m. Memorial Chapel
11 a.m. Chapel Next, Bayonet Chapel
- Wednesday
6 p.m. Prayer Service Daniel Circle Chapel
7 p.m. Gospel Mid-week Service Daniel Circle Chapel
- Protestant Bible Study**
■ Monday
7 p.m. Women’s Bible Study (PWOC — Main

- Post Chapel, Class 209)
- Wednesday
7 p.m. Anderson Street Chapel
7 p.m. Daniel Circle Chapel
7 p.m. Gospel Congregation’s Youth (Daniel Circle Chapel)
- Thursday
9:30 a.m.-noon Women’s Bible Study (PWOC, Main Post Chapel)
6 p.m. Neighborhood CMF/OCF Bible Study (Call 790-4699)
7 p.m. LDS Bible Study (Anderson Chapel)
- Saturday
8 a.m. Men’s Prayer Breakfast (Main Post Chapel, (every second Saturday of the month in Chapel Fellowship Hall)
- PROTESTANT YOUTH OF THE CHAPEL**
■ Saturday
11 a.m. Daniel Circle Chapel (third Saturday)
- Sunday
5 p.m. Main Post Chapel

CATHOLIC

- Monday-Thursday
11:30 a.m. Mass (Main Post Chapel)
- Sunday
8 a.m. Mass (Solomon Center)
11 a.m. Mass (Main Post Chapel)

- 9:30 a.m. CCD (Education Center)
- 9:30 a.m. Adult Sunday School
- 12:30 a.m. Catholic Youth Ministry
- Wednesday
7 p.m. Rosary
7:30 p.m. RCIA/Adult Inquiry

ANGLICAN/LITURGICAL

- Sunday
8 a.m. Memorial Chapel

ISLAMIC

- Sunday
8-10 a.m. Islamic Studies (Main Post Chapel)
- Friday
12:30-1:45 p.m. Jumah Services (Main Post Chapel)

JEWISH

- Sunday
9:30-10:30 a.m. Memorial Chapel
10:30-11:30 a.m. Jewish Book Study (Post Conference Room)

CHURCH OF CHRIST

- Sunday
11:30 a.m. Anderson Street Chapel

LATTER DAY SAINTS

- Sunday
9:30 a.m. Anderson Street Chapel

ADDRESSES, PHONE NUMBERS

- Daniel Circle Chapel**
3359 Daniel Circle, corner of Jackson Boulevard, 751-4478
- Main Post Chapel**
4580 Strom Thurmond Blvd., corner of Scales Avenue, 751-6469
- Bayonet Chapel**
9476 Kemper St., 751-4542
- Family Life Chaplain**
4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780
- Anderson Street Chapel**
2335 Anderson St., corner of Jackson Boulevard, 751-7032
- Education Center**
4581 Scales Ave.
- Magruder Chapel**
4360 Magruder Ave., 751-3883
- 120th Rec. Bn. Chapel**
1895 Washington St., 751-5086
- Memorial Chapel**
4470 Jackson Blvd., 751-7324
- Chaplain School**
10100 Lee Road, 751-8050

SCRA protects Soldiers' interest rates

By **CAPT. PATRICK BARRETT**
Legal Assistance Attorney

One of the most widely known benefits under the Servicemember's Civil Relief Act is the 6 percent interest rule.

In order to be eligible to receive the protections under the SCRA, including the 6 percent interest rule, you must be an active duty military member or Reservist or you must be a member of the National Guard and have been called to active duty (protection begins starting on the date active duty orders are received). Further, you must be prepared to show that your military service has had a "material effect" on the financial matter involved.

The 6 percent interest rule gives service members the ability to reduce pre-service

consumer debt and mortgage interest rates to 6 percent under certain circumstances.

In order to qualify for the reduced interest rate, two conditions must be met: The debt or obligation must have been incurred prior to the service member coming on active duty; and the service member must show that his or her ability to pay such debt or obligation has been materially affected by serving in the military.

In essence, the service member has to prove that he or she is receiving less income than before as a result of military service.

If a service member qualifies for the reduced interest rate, he or she needs to inform the finance company of the situation in writing, and submit copy of his or her military orders.

After receiving this notification, the finance company must adjust the service member's interest rate down to 6 percent for the period of his or her military service, unless it wants dispute the decrease in court.

If the finance company opts to contest the decrease, the onus is on the finance company, not the service member, to prove that the service member's ability to pay the loan has not been materially affected by his or her military service.

The 6 percent interest protection begins on the date a service member entered active duty status and is generally terminated within 30 to 90 days after his or her release from active duty.

What happens to the difference between a service member's old interest rate and the

new 6 percent interest rate?

Any interest greater than 6 percent must be forgiven, not just deferred. Further, the Soldier's monthly payments must be reduced by the reduction in interest rate.

Take caution though. A financial company may want you to sign new loan papers. Do not sign these papers without first consulting a legal assistance attorney, because you might become ineligible for this financial protection if you do sign them.

If you are unsure whether you qualify for the 6 percent interest cap protection, visit the Fort Jackson legal Assistance Office. A legal assistance attorney will be able to determine whether you are eligible for this financial protection. To set up an appointment with an attorney, call 751-4287.

Regulation clarifies personnel flagging process

By **SGT. 1ST CLASS FELIPE PINERO**
Assistant Inspector General

Sgt. Jones was flagged last month for failing his record Army Physical Fitness Test. He passed on his second attempt and asked how long it would take for his flag to be lifted.

According to AR 600-8-2, Suspension of Favorable Personnel Actions (Flags) Para. 1-10d, a flag is removed immediately when a Soldier's status changes from unfavorable to favorable. Para. 1-3c states the flag should be removed the day the Soldier passes the APFT or at ETS (expiration term of service).

The flagging process includes the physical security and maintenance of a Soldier's military personnel records jacket. The process depends on timely and accurate reports from commanders to initiate, transfer and remove suspension of favorable personnel actions.

Flagged MPRJs will be maintained in a restricted access area and accessed only by those with a need to know.

All active flag cases will be reviewed monthly for updates and corrections. Suspension of favorable personnel actions is mandatory when an investigation (formal or informal) is initiated on a Soldier by military or civilian authorities.

Flags are classified into two categories; non-transferable and transferable. Non-transferable flags may not be transferred to another unit unless there is a processing exemption.

Transferable flags may be transferred to another unit. A flag for APFT failure is one example of a non-transferable flag with a processing exemption. This flag may be transferred to another unit but will block a Soldier's promotion, reenlistment, and extension only.

A flag is not initiated if the Soldier has a limiting physical profile that specifically prohibits him or her from taking the APFT.

Another example is a weight control flag which can only block attendance at full-time civil or military schooling, promotion, awards and decorations, assumption of command, and reenlistment or extension.

Normally, Soldiers with "open" flag cases are not re-assigned. Reassignment is deemed necessary by installation or major overseas commanders (within their command) for the maintenance of discipline, morale and unit order.

Soldiers in receipt of HQDA reassignment instructions may depart when their case moves into the punishment phase if the punishment does not require the Soldier's continued presence.

When a flagged Soldier is reassigned, the responsibility to manage the flagging action automatically transfers to the gaining commander.

Soldiers will not be retained beyond ETS, expiration of service agreement (ESA), mandatory release date (MRD), solely because they are flagged.

Please reference AR 600-8-2, Suspension of Favorable Personnel Actions (Flags), AR 600-8, Military Personnel Management, AR 27-10, Military Justice, and UCMJ Articles 15, 94, 104, 106, 133, and 134 for further information on flags.

FIRST RESPONDER

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Lt. Col. Ronald F. Taylor
Director,
Emergency Services/Provost Marshal
Sgt. Maj. Glen W. Wellman III
Provost Sergeant Major
Billy Forrester
Fire Chief



TIP OF THE WEEK

Fall is here, for many people, that means football season and tailgating. Although this is perfectly fine, there are some safety and regulatory requirements to consider while on Fort Jackson.

Although it is legal for a person to ride in the bed of a pickup truck in South Carolina, it is prohibited on Fort Jackson.

Fort Jackson Supplement 1 to AR 190-5, Section 5-5, and Section 5-11 state that no driver will exceed the seating capacity for any vehicle, and all personnel riding in a motor vehicle on Fort Jackson will wear a seatbelt. This means that if there are five seatbelts in a car, only five people can ride in the car. This means that there should be no one riding in the bed of a truck, because there are no seatbelts in the truck bed.

Violating this policy could result in a citation and lead to the loss of post driving privileges. Not only is it against post policy, but riding in the bed of a truck is also a major safety hazard. So, be safe, buckle up and enjoy the season.

CASES OF THE WEEK

❑ A family member was issued a three-year limited bar letter after being arrested for shoplifting at the Main PX, Military Police said. According to MPs, the family member replaced discount stickers on clothing in an attempt to receive more of a discount on the merchandise. MPs said this was the family member's second offense. The value of the stolen property was about \$7, MPs said.

❑ A civilian's vehicle was damaged after it was struck by another vehicle, also being driven by a civilian, at Strom Thurmond Boulevard and Magruder Avenue, MPs said. The rear tail light and rear panel were damaged on the first car. The passenger side mirror on the other vehicle was broken. No charges were filed.

❑ A Soldier was issued a 30-day hunting bar letter for failing to display a vehicle control card, MPs said. Hunters are required to display the card in their vehicles. The Soldier also received a citation, MPs said.

crimestoppers
1-888-559-TIPS
www.midlandscrimestoppers.com

FORCE PROTECTION THOUGHT OF THE WEEK

Are You the Weakest Link?



MAINTAIN SITUATIONAL AWARENESS

CONTACTING THE LEADER

To contact the *Leader* about story ideas or announcements, e-mail FJLeader@conus.army.mil or call 751-7045.

For information about advertising, including classified ads, contact Camden Media at (800) 698-3514 or 432-6157.

Fort Jackson team runs the extra mile

Special to the Leader

Twenty-two Fort Jackson Soldiers headed to Washington recently for the 25th Army Ten-Miler. The Soldiers represented many different units across the installation and were organized into three different teams for the race. The teams were sponsored by Family, Morale, Welfare and Recreation.

The Army Ten-Miler is the nation’s largest 10-mile footrace, with 30,000 participants in this year’s run. The race has been staged around the nation’s capital starting and ending at the Pentagon since its inception in 1984.

“It’s gotten so large that there are two different start times, each 10 minutes apart,” said Cindi Keene, the post intramural sports coordinator. Keene has helped organize and lead the Fort Jackson team each year for the past several years.

“It is a great way for the Soldiers here to go to Washington and participate in something Army-wide. It benefits Soldiers, raises awareness for charities and is generally fun,” she added.

Fort Jackson’s active duty master’s team, active duty men’s team and active duty women’s team, placed 7th, 19th and 18th in their respective categories. The post’s top runner was Ricky DeShaw, who had a completion time of 63:20. Other runners were able to complete the race within their own personal goal times.

A course record was set by Alene Reta of New York, 46:59. The Brazilian army team also captured the win for the second year running as the overall fastest team.

One aspect of the race that has gained national attention is the growing group of disabled veterans who run the race each year. The group, known as Missing Parts in Action, is given a 10-minute head start before the main race partici-

pants depart. But no one begrudges them that extra time.

These veterans are mostly Operation Iraqi Freedom or Operation Enduring Freedom amputees who exhibit incredible stamina and resolved by completing the 10-mile course despite their severe injuries.

“It makes an incredibly powerful statement to be exhausted after running 10 miles and then to see a Soldier with one leg make it across the finish line. It puts your own struggle in perspective,” said Ric Haeussler, one of the Fort Jackson team members.

Proceeds from the run benefit FMWR and other programs aimed at helping Soldiers. Each year the race registration period starts in April but closes within a matter of weeks due to intense popularity.

Interested runners should plan to register early or contact FMWR Sports Recreation to find out how to qualify for the Fort Jackson or other post teams.

Sports shorts

❑ Commander’s Cup bowling is scheduled for Nov. 2-4, 2-5 p.m at Century Lanes Bowling Center. The deadline to enter is Oct. 28. The event is for active

duty personnel only. For more information, call 751-3096.

❑ For more information on sports events, call 751-3096.

Football standings*

Monday/ Wednesday League

3-34th	3-0
4-10th	2-0
120th	1-0
165th	1-1
SCNG	1-2
TFM	0-3
2-60th	0-3

* Standings as of Tuesday



Tuesday/Thursday League

3-60	4-0
TSB	3-2
187th	3-2
MEDDAC	3-3
2-13th	2-2
Team Camden	2-2
MPs	2-2
2-39th	1-2
DSS	0-4

In high gear



Photo by CRYSTAL LEWIS BROWN

Edison Morales, 187th Ordnance Battalion, breaks away from “AAA-O” players with 2nd Battalion, 39th Infantry Regiment, during an intramural flag football game last week. The 187th defeated 2-39th, 19-6.

CONTACTING THE LEADER

❑ The *Leader* accepts ideas for articles relevant to the Fort Jackson community. Send your story ideas to FJLeader@conus.army.mil or call 751-7045.